

The book was found

The Genogram Journey: Reconnecting With Your Family



Synopsis

The godmother of genograms revises her revelatory work that explores how to reconnect with your past and invent a new future. This notable work poignantly explains how a tool of family history—gathering the genogram, or a basic family tree—can help us to better understand and mend family relationships and dynamics. Here, fully updated for the first time, Monica McGoldrick's book elaborates on the ways in which genograms can reveal a family's history of estrangement, alliance, divorce, or suicide, exposing intergenerational patterns that prove more than coincidental. Weaving together photographs and genograms of famous families—including the Kennedys, the Freuds, and the Fondas—she sheds light on a range of complex issues such as birth order and sibling rivalry, family myths and secrets, cultural differences, couple relationships, and the pivotal role of loss. In this important work, readers learn to mine previously untapped information about their own family patterns, leading to a reconnection to home and a deeper sense of identity.

Originally published as *You Can Go Home Again*.

Book Information

Paperback: 384 pages

Publisher: W. W. Norton & Company; Revised edition (May 9, 2011)

Language: English

ISBN-10: 0393706273

ISBN-13: 978-0393706277

Product Dimensions: 6.2 x 0.9 x 9.3 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars (See all reviews) (16 customer reviews)

Best Sellers Rank: #275,595 in Books (See Top 100 in Books) #230 in Books > Reference > Genealogy #795 in Books > Health, Fitness & Dieting > Psychology & Counseling > Counseling #2605 in Books > Medical Books > Psychology > General

Customer Reviews

I love this book very much and I have almost every book by this author, but why did I give it only four stars? First let me talk about the positive things. The structure of the book remains mostly the same as the original edition "You Can Go Home Again" published 15 years ago, with an addition chapter on how to coach clients to do family-of-origin tasks in counseling. It also adds and updates several genograms (i.e., family trees) of the celebrities (including Barack Obama) and incorporates recent demographical changes of diverse family forms into the book. The author tells stories of each

family and uses genogram as a tool to analyze complex family patterns within the social, cultural, historical, and political context. She does an excellent job at this. I think this book is very suitable for family therapy students and clinicians, and also for anyone who'd like to learn more about oneself by examining his/her multigenerational family dynamics. The contents are:1. Reconnecting with Your Family: Why Go Home Again?2. Family Trees: The Past As Prologue3. Family Stories, Myths, and Secrets4. Family Ties and Binds5. Death and Other Losses6. Where Do We Come From? Parents and Children7. Brothers and Sisters8. Couple Relationships9. Culture: Ethnicity, Race, Class, Religion, and Historical Period, with Tracey Laszloffy10. Reconnecting11. Coaching Clients on Work with Their FamiliesNow it's the negative part. One big problem I have to complain is neither about the content nor the author, but about the typeface of the book!! The size of the typeface is so small that I can hardly read. It's only about 1/2 size of average "readable" typeface in other books.

[Download to continue reading...](#)

The Genogram Journey: Reconnecting with Your Family Solomon Speaks on Reconnecting Your Life Spinal Cord Injury and the Family: A New Guide (Harvard University Press Family Health Guides) (The Harvard University Press Family Health Guides) Family Wealth--Keeping It in the Family: How Family Members and Their Advisers Preserve Human, Intellectual, and Financial Assets for Generations Siblings and the Family Business: Making it Work for Business, the Family, and the Future (A Family Business Publication) Stepparenting: Becoming A Stepparent: A Blended Family Guide to: Parenting, Raising Children, Family Relationships and Step Families - 2nd Edition (Raising ... Kids, Blended Families, Blended Family) Navigating the Tiber: How to Help Your Friends and Family Journey Toward the Catholic Faith Journey Through Denmark (Journey Through series) The American Journey, Modern Times, Spanish Reading Essentials and Note-Taking Guide (THE AMERICAN JOURNEY (SURVEY)) (Spanish Edition) Revenge Romance: The Journey's Crossroad (Book Two) + Bonus Book (Historical Christian Suspense) (Historical Christian Suspense Revenge Romance: The Journey's Crossroad (Book 2) + Bonus Book!) American Bar Association Family Legal Guide (third edition): Everything your family needs to know about the law and real estate, consumer protection, ... Association Complete Personal Legal Guide) The Family Tree Polish, Czech And Slovak Genealogy Guide: How to Trace Your Family Tree in Eastern Europe Here Boy!: Step-by-step to a Stunning Recall from your Brilliant Family Dog (Essential Skills for a Brilliant Family Dog Book 4) Small Plates and Sweet Treats: My Family's Journey to Gluten-Free Cooking, from the Creator of Cannelle et Vanille Elijah's Cup: A Family's Journey into the Community and Culture of High-Functioning Autism and Asperger's Syndrome Dog Gone: A Lost Pet's Extraordinary Journey and the Family Who Brought Him Home Journey with "Justice" - Our Family's Experience

With "Shaken Baby" Allegations Annie's Ghosts: A Journey Into a Family Secret The Siege: A Family's Journey Into the World of an Autistic Child The Rescued Soul: The Writing Journey for the Healing of Incest and Family Betrayal

[Dmca](#)